

Cheat Sheet for Person-Centered Outcomes



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Cheat Sheet for Person-Centered Outcomes (PCO's)



Why Use PCO's? Standardized testing alone tends to give a flat or incomplete picture of how someone's function is going. In fact, studies have shown that impairment-based results are not correlated with activity and participation. In order to get a rich picture of how Activity / Participation has been impacted, a Person's Quality of Life, Confidence, and interactions with communication partners, a non-standardized portion must be completed in the assessment.

Tools I suggest to help gain this information in an efficient way:

[-Discovering Functional Needs Packet](#) (Setting-Specific Checklists and Activity Observations)

[-Motivational Interviewing](#)

-Person-Centered Outcomes

Person-Centered Outcomes are scales or questionnaires that help the SLP gain information about real-life functioning from the perspective of the patient or communication partner. Some are validated.

In my quest to offer tools that are evidence-based and provide functional, meaningful speech therapy for adults, I also recognize how important it is to have efficient ways to get this information. The following list of Person-Centered Outcomes is not exhaustive; rather, it's a curated list from my personal recommendations for what is feasible to complete in a busy, fast-paced setting for the everyday SLP (and free to access).

Think I missed something? Email me Sarah@honeycombspeechtherapy.com and I will update my form to share with others!

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Name of PCO	Who is this for?	Other Info:	Where to Find:
CCRSA: Communication Confidence Rating Scale for Aphasia	-People with aphasia rate their <u>confidence</u> in participating in various situations	-10 questions, rated 1-100 for confidence -Easy to follow -Does not include picture support of activities -Return score sheet to Shirley Ryan Ability Lab	Email lcherney@sralab.org to request a copy
COAST: Communication Outcome After STroke	-People with communication changes after stroke	20-items, reliability for all levels of severity, aphasia-friendly options (reading aloud, rephrasing, pictorial options)	Make an account and request permission for free access: https://www.click2go.umip.com/i/coa/coast.html
CES: Communicative Effectiveness Survey	-People with Dysarthria, Parkinsons	8 item, with patient rating each statement 1-4.	Open as PDF and Print Appendix: https://pubs.asha.org/doi/pdf/10.1044/1058-0360%282008/07-0010%29
CPIB: Communicative Participation Item Bank	Community-dwelling adults: -Spasmodic dysphonia, multiple sclerosis, Parkinson's disease, amyotrophic lateral sclerosis, and head and neck cancer	10-item Short Form, rated 1-5.	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4377222/ Table 2 (Open in a separate window to print)
PCRS: Patient Competency Rating Scale	-Evaluate self-awareness after brain injury. -Compare patient form to relative or clinician form	30 Questions, Rate 1-5.	http://www.tbims.org/combi/pcrs/pcrsrat.html
The Vocal Priority Questionnaire	-Identifies patient priorities of the following vocal attributes: vocal clarity, loudness, mean speaking pitch, pitch range, vocal endurance.	16 statements, rated 1-10.	Open as PDF and print Appendix C: https://pubs.asha.org/doi/10.1044/2018_JS_LHR-S-18-0109



These didn't quite make the cut:

- **Neuro QOL Short Form Ability to Participate in Social Roles and Activities**
<http://www.healthmeasures.net/explore-measurement-systems/neuro-qol>
- **PROMIS Short Form Ability to Participate in Social Roles and Activities**
<http://www.healthmeasures.net/explore-measurement-systems/promis/obtain-administer-measures>

The measures above are free to access, however, the scoring is not accurate as a raw score, and therefore requires \$ to a scoring system. I included these resources for those SLPs who may be part of a large rehab system that uses these measures and subscribes to the scoring system, in which case you could use and score for free.

- **A-COM Aphasia Communication Outcome Measure** I wasn't able to find access to this measure, which was disappointing because the research looks good. If you have a lead on this, be sure to email me!
- **Aphasia Impact Questionnaire (AIQ-21)**. This measure looks fantastic - please check it out if you are willing to pay \$20 EU for this aphasia-friendly measure focused on impact of acquiring and living with aphasia. <https://www.aiq-21.net/>