

Develop Strategies that Work for You

Use of strategies can greatly improve life participation! Let's problem-solve together to discover what strategies may be helpful for you to complete online shopping.

	<u>Strategy Ideas</u>
Login	<ul style="list-style-type: none">● Know where this info can be found if remembering is difficult● Double-check
Navigate to correct location on website	<ul style="list-style-type: none">● Orient yourself to the website first● Read headings out loud
Demonstrate understanding of charges, deposits, and ledger total.	<ul style="list-style-type: none">● Study the layout. Know the system. Is this similar to your bank's system?● Enlarge screen
Find specific information on banking ledger.	<ul style="list-style-type: none">● Use finger on screen to help track● Read charge name aloud
Filter or search for transaction by date, amount, or description.	<ul style="list-style-type: none">● Make a cheat sheet or written steps to remember what buttons to press
Find specific information on a bill	<ul style="list-style-type: none">● Slow down● Circle important information● Ask a question if you aren't sure
Pay a bill	<ul style="list-style-type: none">● Set an alarm to pay on time● Enroll in autopay● Write step-by-step directions for the process
Calculate expected bank ledger totals.	<ul style="list-style-type: none">● Write down your work● Use a calculator
Make budget decisions.	<ul style="list-style-type: none">● Double-check your work● Explain your work to someone else
Handle unexpected "pop up" message appropriately	<ul style="list-style-type: none">● Decide if follow-up is needed now or later● Keep paper nearby to write a note for later

